

Notification Date: May 6, 2025 Effective Date: May 7, 2025

Adenylate Kinase Enzyme Activity, Blood

Test ID: AK1

Explanation: Effective tomorrow, specimen requirements will be updated to indicate whole blood collected in ACD solution A is acceptable for testing.

Current Specimen Required

Collection Container/Tube:

Preferred: Yellow top (ACD solution B) **Acceptable:** Lavender top (EDTA)

Specimen Volume: 6 mL

Collection Instructions: Send specimen in original tube. **Do not** transfer blood to other

containers.

New Specimen Required

Collection Container/Tube:

Preferred: Yellow top (ACD solution B)

Acceptable: Lavender top (EDTA) or yellow top

(ACD solution A)

Specimen Volume: 6 mL Collection Instructions:

1. Invert several times to mix blood.

2. Send whole blood specimen in original

tube. Do not aliquot.

Questions

Contact Melissa Lonzo, Laboratory Resource Coordinator at 800-533-1710.